

**Week 1 Ch 1 Joy through Virtue**

What is Happiness?

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What makes Joy and Happiness different?

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What is Joy?

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Aristotle says that Joy is a result of what?

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What is Virtue?

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What is Christ saying in Luke 18:19-22 about what it means to be good?

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In whom do we find the truth path to Virtue and Joy?

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Can a lasting Joy be obtained overnight?

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How do we train ourselves to take the most Christ like actions?

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Read Matthew 5:48. Should people try to be perfect why or why not?

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Name three ways humans can be “like God”.

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What does Philippians 3:13-14 have to do with Virtue?

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Why is it wrong to sin even in a small way?

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Memory Verse:

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly. John 10:10 KJV